

Black Men Should Start Prostate Cancer Screening Conversations at Age Forty¹...



Why? Because Early Detection is Key

Early detection aims to find prostate cancer in its early stages when treatment is most likely to be effective. The 5-year survival rate in the US for men diagnosed with early-stage prostate cancer is greater than 99%².

1 in 7



According to the American Cancer Society³, One in Seven African American Men will Get Prostate Cancer in Their Lifetimes

Forty Seems Young to be Talking About Prostate Cancer. Why 40?

According to the CDC, African American Men⁴:

- Are more likely to get prostate cancer than other ethnicities
- Are more than twice as likely to die from prostate cancer than other men
- Get prostate cancer at a younger age
- Tend to have more advanced disease when it is found
- Tend to have a more severe type of prostate cancer than other men

What's Involved in Prostate Cancer Screening?

It starts with a conversation with your doctor and a simple blood test to establish your baseline numbers.

You can decide if a physical exam is best for you during that initial conversation with your doctor. Your doctor will base recommendations on your family and health history.

There are two widely used tests that are recommended to detect the possibility of prostate cancer¹:

PSA – This is a simple blood test that measures the level of a protein called prostate-specific antigen.

DRE – The digital rectal exam involves a physician inserting a lubricated, gloved finger into the rectum to feel for abnormalities on the surface of the prostate.

¹Screening recommendations based on the National Comprehensive Cancer Network

²<https://www.pcf.org/about-prostate-cancer/what-is-prostate-cancer/prostate-cancer-survival-rates/>

³<https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-facts-and-figures-for-african-americans/cancer-facts-and-figures-for-african-americans-2019-2021.pdf>

⁴https://www.cdc.gov/cancer/prostate/basic_info/risk_factors.htm

This Information is a Part of:
**The Black Men's
Prostate Cancer Initiative**

An initiative to decrease health outcome disparities in prostate cancer treatment in the Black community through support and education.

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www.ustoo.org/blackmen
or Contact Rebecca at
rebeccab@ustoo.org
or (773) 413-9197

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